

The Vein and Vascular Treatment Centers*(VVTC)

PRE- PROCEDURE INSTRUCTIONS

1. Bring your thigh-high compression stocking to the office on the day of the procedure. ** If you do not have a prescription for stockings, please call the office and we can fax or call in a prescription for you.
2. Please arrange a ride to and from the office the day of the procedure. We ask that you not drive for 24 hours post-procedure.
3. There are no diet restrictions prior to the procedure. You may eat normal meals.
4. You will be asked to wear the compression stocking for 24 hours the first week, removing it daily to shower beginning the day after the procedure. The second week post-procedure you will need to wear the stocking during waking hours only.
5. Schedule a follow-up appointment for one week after the procedure. The clear dressing(s) on your leg will be removed at that time.
6. Please wear the compression stocking for any aerobic activity for one month after the laser procedure.
7. You will be given a prescription for Bextra 20 mg. You will be asked to take one dose prior to the procedure and one dose after the procedure, followed by 20mg twice a day for 7 days after the procedure for any post-procedural pain. **(This medication is not to be taken if you have had an allergic reaction to Sulfa or Aspirin)**

****Stockings****

A.) To purchase:

Must have an RX. Call for an appointment
Takes 2 - 3 days to receive them (May take as long as two weeks)
Stockings are called: Thigh high TEDS with 30-40 mm of pressure

B.) To measure:

Circumference of ankle
Circumference of thigh
Length of leg: from ankle bone to crease of hip

* a division of GREAT LAKES RADIOLOGISTS, S.C.
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